

Name _____ Phone # _____ Occupation _____

Mailing Address _____

Email _____ Date of Birth _____

Please send me:

- Email confirmations and reminders for appointments Yes No
- Email newsletter/special offers (no more than 2/month) Yes No

Referred by _____ May I thank them for referring you? Yes No

The following information will be used to help plan safe and effective massage sessions. It will be kept confidential. Please answer to the best of your knowledge.

Have you had professional massage before? Yes No
How recently?

Do you have an allergies or skin sensitivities to oils or lotions? Yes No
If so, please explain

Are you wearing

contact lenses	Yes	No
a hearing aid	Yes	No

Do you sit for long hours at a workstation, computer or driving? Yes No

Do you have any particular goals for this massage session? Yes No
If yes, please explain

Are you currently taking any medications, prescription or over-the-counter? Yes No
If yes, please list

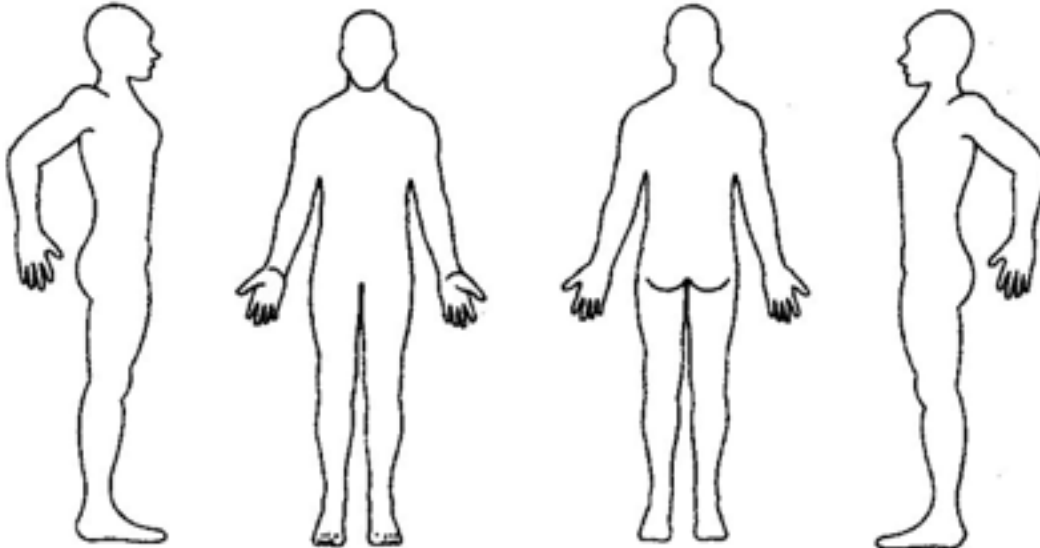
Please circle any condition below that applies to you:

- | | | | |
|------------------|-------------------|-----------------------------|-------------------------------|
| Anxiety | varicose veins | depression | high or low blood pressure |
| DVT/blood clots | heart condition | easy bruising | circulatory issues |
| artificial joint | diabetes | headaches/migraines | numbness |
| TMJ | recent surgery | recent injury | pregnancy |
| osteoporosis | epilepsy/seizures | food allergy or sensitivity | osteo or rheumatoid arthritis |

Please explain any condition you circled above:

Is there anything else about your health history that you think would be useful for your massage therapist to know?

Please circle any specific areas you would like the massage therapist to concentrate on during the session:



Consent for Treatment

If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician or other qualified medical specialist for any mental or physical ailment of which I am aware.

I understand that massage practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such.

Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so.

Understanding all of this, I give my consent to receive care.

Client signature _____ Date _____